

More Wins for Hilary and Michael at S6D!



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Hilary Palmer and Michael Napier continued their winning ways by finishing first overall in their respective classes at the Scottish 6 Days event held at Moray in August.

There were many notable top ten finishes for NOC members too whilst others were thwarted by injury or Covid!

Hilary and Michael won their overall class competitions with podiums on the first four days of the event. Ben Squire was also on the podium on the first two days and, despite picking-up an injury, still managed to secure a top ten finish overall in the M20L class.



*Mick & Michael review
their performances*

Other top ten finishes overall were recorded for Ant Squire (M45L) and John Palmer (M75S). Team Captain Mick Lucking (M65L) was on target for a strong overall performance before he succumbed to Covid.

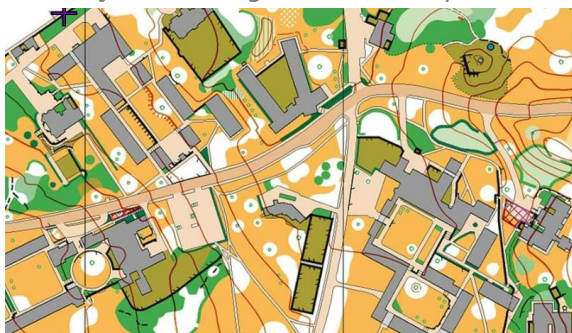
Some sixteen NOC members made the trip north for this key event in the orienteering calendar. See [day by day results](#) on the Moray 2023 web site.

Upcoming Events & Activities:

3rd September - [Nottingham University](#):

This venue always offers some enjoyable urban orienteering and this event makes use of an updated map of the whole campus. As the map extract shows, the terrain has many grassy sections in addition to the interesting urban areas.

Part of the Nottingham Uni' campus area



Courses available for newcomers as well as those participating in the regional [East Midlands Urban League](#). Quantities for map printing will be decided on the 29th of August based on entries recorded with [The Start Kite](#). Online entries will remain open until 11:00 on event day but these late entries are subject to the availability of printed maps.

6 September: It is hoped that the mid-week evening activities of the Bassetlaw District Orienteers will resume on the 6th.

These are untimed local activities. A couple of courses are usually available for you to practise your orienteering with a focus on map reading rather than speed. Refreshments provided afterwards. Great value! Keep a look out for confirmed details on the [Bassetlaw District Orienteers](#) page.



9 September - Bramcote Hills Park: **Free-of-charge coaching for NOC members.** NOC will be hosting some coaching for our regional juniors and Hilary has offered to use this session to coach any NOC members who would like to come along. There will be exercises on using the compass, distance estimation, and using/recognising landform shapes.

The session will run between 10:30am and 3pm but if you want to come for just part you'll be very welcome. **For map printing purposes please let Hilary know asap.** Email: coaching@noc-uk.org

10 September - [Kedleston Park](#): The second half of the East Midlands League forest season starts with this event hosted by DVO.

11 September - EMOA AGM. This will be held at the Pace Room, Clifton, Nottingham starting at 7.30pm. Apart from the usual AGM subjects, the meeting does plan to discuss future membership fee structure as well as plans for the coming year. This will be your opportunity to influence how the EMOA moves forward in the next few years. Notice of the AGM Agenda and contact details are on the [NOC website - News Section](#).

24 September: [Irchester](#): LEI will be hosting the next EML event.

Early October Events & Activities:

8 October: Longshaw: This is also planned to be the annual **NOC Championship event**. Further details will be published by NOC Team Captain Mick Lucking nearer the time.

9 October: NOC AGM. NOC is run entirely by volunteers who work together to put on training and events throughout the year. We are always looking for newcomers to join our volunteer pool so that the load can be shared. So, please use the AGM to understand the opportunities and challenges facing the club and help out if you can.

The meeting will be held via Zoom in the evening. Formal notice and agenda will follow in due course. **For now, please put the date in your diary.**

New Members:



A warm welcome is extended to Vivian Chung who has recently joined the club. It appears that Vivian has orienteered in Hong Kong previously and so will add further strength to the W55 class. Please look out for Vivian at the Nottingham Uni' Urban event on 3rd September and make her feel welcome.

Recent Results & Mid-Year League Standings

Lincoln Urban Race hosted by LOG:

Eight NOC members were available to participate in the annual Lincoln race on the day. Top ten finishes for Hilary (2nd) and Tricia Neal (8th) in the W75 class. Click the link to view the [results and Routegadget](#) trails.

We are at the halfway mark in terms of East Midlands regional leagues. For the forest based EM League, the best eight scores count and there are still eight events to go! View the current [EM League positions](#) on the EMOA website.

[Standings in the EM Urban League](#) are about to be updated with the Lincoln results. Three events still to go. Best four results count.



Enjoy your late summer orienteering!